

## CONTACT US TODAY!

If you are interested in enrolling your child in Head Start call (859) 431-4177, or contact one of our centers directly for more information:

**8th Street Center  
(Newport)**

(859) 292-2806

**Alexandria Center**

(859) 448-0777

**Beechgrove Child Development Center  
(Independence)**

(859) 431-4177

**Bellevue Center**

(859) 261-4355

**Boone County Center  
(Burlington)**

(859) 334-3554

**Dayton Center**

(859) 292-7492

**Eastside Child Development Center  
(Covington)**

(859) 581-6610

**Elsmere Center**

(859) 727-6232

**Falmouth Center**

(859) 654-2958

**Lloyd Center  
(Erlanger)**

(859) 431-4177

**Newport Center**

(859) 431-4177

**Northern Child Development Center  
(Butler)**

(859) 431-4177

**Early Head Start Partnership**

(859) 581-6607

**Home-Based Services**

(859) 431-4177

*NKCAC's Head Start Services are available in Boone, Campbell, Kenton, and Pendleton counties for children from low-income families and/or those with disabilities.*

## ABOUT NKCAC

For more than 50 years Northern Kentucky Community Action Commission has created opportunities for low income individuals and families develop the knowledge, and resources they need to achieve self-reliance. Serving more than 25,000 individuals each year, our comprehensive range of services include early childhood education, job training, energy and other financial assistance, affordable housing, weatherization, senior citizens centers, child abuse prevention, affordable care act enrollment, entrepreneurship, and educational services in eight (8) counties, with limited services in 18 additional counties.

For additional information about the Head Start program visit our website at [www.nkcac.org](http://www.nkcac.org) or call us at 800-783-6607 or 859-586-6607.

*Northern Kentucky Community Action Commission helps low income individuals and families develop the knowledge, opportunities, and resources they need to achieve self-reliance.*

*Donations are tax-deductible*



717 Madison Avenue  
Covington, KY 41011

Phone: 859 581-6607

Toll Free: 800 783-6607

Fax: 859 655-2949

[www.nkcac.org](http://www.nkcac.org)



## HEAD START



# HEAD START

## WHAT WE OFFER

NKCAC Head Start prepares children for academic success with **Center-Based, Home-Based, and Early Head Start** services.

**Center-Based** classrooms are conveniently located in Covington, Newport, Alexandria, Dayton, Elsmere, Burlington, and Falmouth. Full- and part-day options are available Monday-Thursday, and additional child care is offered at a reasonable rate for working families.

**Home-Based** services are available for children aged 3-5 and offer weekly in-home instruction and parental support. Regular gatherings in an early-childhood classroom promote positive socialization and create a supportive network for parents.



**Early Head Start** offers weekly in-home child enrichment activities and parental support for families with children aged 0-3. Additionally, families participate in regularly scheduled classroom gatherings where parents will have an opportunity to socialize, learn techniques to help their children develop, and create a support network.

Applications for any of these options may be submitted throughout the year.

## EDUCATION

NKCAC Head Start believes that parents are the primary teachers of their children. Head Start helps by providing:

- A positive introduction to education.
- The opportunity for children to develop social skills including: sharing, taking turns, cooperating, and taking personal responsibility.
- Individualized educational experiences for each child.
- Classrooms that reflect the cultures of the families and involve them in their child's education.
- The opportunity to learn and practice self-help skills and social-emotional skills.
- Active, hands-on learning experiences.
- Opportunities to grow, learn, and play while developing strengths and encouraging growth for each child.
- Field trips and on-site activities.

## SPECIAL SERVICES

Comprehensive screening and assessment of all children, including those with special needs, ensures that:

- Individual educational needs are met for each child by our professional, trained staff.
- Eligible children receive on-site speech therapy and mental health services.
- Staff and parents meet regularly to evaluate plans, discuss the goals that have been accomplished, and establish new goals.

## HEALTH & NUTRITION

Children who are healthy and well-nourished are more likely to reach their full potential. Head Start children receive:

- Medical and dental services.
- Daily instruction in healthy habits like hand washing and tooth brushing and nutritious meals served each school day.

## PARENT INVOLVEMENT

Parent involvement is critical in assuring that each child is successful in school. Parents are invited to attend:

- Monthly Policy Council and parent meetings.
- Activities in the classroom or centers.
- Activities to learn new skills in a variety of everyday life experiences and home visits and conferences.

## FAMILY SERVICES

Head Start recognizes that children do better in school when the needs of the entire family are met. NKCAC Head Start provides:

- Support and help with goal setting.
- Advocacy with other agencies.
- Information and referrals.
- Mental health services.
- Crisis intervention.

